

NAME: \_\_\_\_\_

PH#: \_\_\_\_\_

**READY MADE  
FRESH MEALS**

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- PROTEIN BIRCHER
- MOROCCAN CHICKEN SALAD
- SMOKED SALMON SALAD
- BUDDHA BOWL
- ZUCCHINI SPIRALS W/ MEATBALLS
- SUPERGRAIN SALAD
- CAULIFLOWER RISOTTO
- THE INCREDIBLE BULK
- FASTER SHREDDER
- FATMAN SCOOP

**PICK-UP DAY**

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M  T  W  T  F

TO COMPLETE YOUR ORDER  
PLEASE TAKE THIS CARD TO RECEPTION

**SUPERFOOD  
MEAL CO.**